

Veggies are crunchy.
Fruits are sweet.

Eat a **rainbow**.
What a treat!



Apples and strawberries
on your plate.
Eat your **reds!**
They taste great.



Let's count the strawberries.

Carrots and melons,
just for you.
Big, round pumpkins
are **orange** too!



Can you point to the pumpkin?

A slice of lemon looks like the sun.
Eating **yellow**s is fun, fun, fun!



Let's find the banana!

Broccoli, peas, pears, and beans.
Crunch them.
Munch them.
Eat your **greens!**



Can you find the cucumber slices?